

KIDS' MENU

Lucky Bansko
KIDS CAMP



FIRST WEEK	BREAKFAST	mid-morning snack	LUNCH	afternoon snack	DINNER
SUNDAY	Comple Pancake	Seasonal fruit	1.Cream of potatoes with farmer's cheese and herbal croutons 2. Fried mini meatballs with mashed potatoes 3.Fresh seasonal fruit	Seasonal fruit	1.Shopska salad with pink tomato and farm products 2.Chicken stew with smashed potato with fenugreek 3.Chocolate souffle
MONDAY	A toast with ham and yellow cheese Pancake	Seasonal fruit	1.Meatball soup 2.Rosti with cheese and fresh salad and yoghurt dip 3. Fresh seasonal fruit	Seasonal fruit	1.Fresh salad with carrot, cucumber and apple 2.Crispy chicken burger with coleslaw, French fries and ketchup 3.Caramel crème
TUESDAY	Breakfast cereal with milk Pancake	Seasonal fruit	1.Tarator 2.Moussaka with beef 3. Fresh seasonal fruit	Seasonal fruit	1.Iceberg, cherry tomatoes, Parmesan and croutons 2,Barbecued chicken steak served wtih mashed potatoes 3.Biscuit cake with Bavarian cream
WDNESDAY	Toast with white and yellow cheese Pancake	Seasonal fruit	1.Cream of broccoli and Gauda 2. Crispy chicken fillets with Parmesan served with fresh salad and yoghurt dip 3. Fresh seasonal fruit	Seasonal fruit	1.Greek salad 2.White fish fillet with potato salad 3.Mascarpone cream with seasonal fruit
THURSDAY	Couscous with butter and white cheese Pancake	Seasonal fruit	1.Chicken soup 2. Barbecued pork chops with grilled vegetables and cream sauce 3. Fresh seasonal fruit	Seasonal fruit	1.Green salad with cucumber, quail eggs, radish and olives 2.Lasagne Bolognese 3,Chocolate mousse with fruit
FRIDAY	Banitsa with farmer's cheese and milk	Seasonal fruit	1.Lentil Soup 2.Meatloaf with baked potato and gravy 3. Fresh seasonal fruit	Seasonal fruit	1,Regional vegetables and famer's cheese salad 2.Chicken skewers with French fries and homemade luyitenitsa 3,Crème Brulé
SATURDAY	Breakfast comple Pancake	Seasonal fruit	1.Cream of zucchini soup with parmesan 2.Chicken and avocado quesadilla 3. Fresh seasonal fruit	Seasonal fruit	1.Coleslaw 2. Chicken Caprese with steamed vegetables 3.Red Velvet cake

SECOND WEEK	BREAKFAST	mid-morning snack	LUNCH	afternoon snack	DINNER
SUNDAY	Comple Pancake	Seasonal fruit	1.Bean soup 2.Pork skewers with pink tomato, cucumber and farmer's cheese 3. Fresh seasonal fruit	Seasonal fruit	1.Tomato, mozzarella and pesto salad 2. Pizza Capricciosa 3.Carrot Cake
MONDAY	Ham and cheese toast Pancake	Seasonal fruit	1.Cream of vegetables with herbal croutons 2.Fried yellow cheese with a carrot and cabbage salad 3. Fresh seasonal fruit	Seasonal fruit	1,Shopska salad 2.Barbecued turkey meatballs with homemade lyutenitsa and sautéed potatoes 3.Watermelon pannacotta
TUESDAY	Cereal with milk Pancake	Seasonal fruit	1.Cream of zucchini soup 2.Spaghetti meatballs with Marinara sauce 3, Fresh seasonal fruit	Seasonal fruit	1,Chicken Caesar salad 2.Chicken schnitzel with French fries and yoghurt sauce 3.Strained yoghurt with strawberries
WDNESDAY	Ham and white cheese toast Pancake	Seasonal fruit	1.Meatball soup 2.Corn fed chicken juliennes 3. Fresh seasonal fruit	Seasonal fruit	1, Spinach salad with fruit and citrus mustard dressing 2.Beefburger with French fries 3.Oreo cake
THURSDAY	Couscous with butter and white cheese Pancake	Seasonal fruit	1.Chicken soup 2.Chicken curry with basmati rice 3. Fresh seasonal fruit	Seasonal fruit	1.Tomato, roasted pepper and farmer's cheese salad 2.Chicken and mushroom lasagne 3.Caramel creme
FRIDAY	Banitsa with farmer's cheese and milk	Seasonal fruit	1.Tarator 2.Baked potatoes with bacon and cheese 3. Fresh seasonal fruit	Seasonal fruit	1.Italian salad with cherry tomatoes and Parmesan 2.Barbecued chicken fillet with fresh salad 3.Sundae
SATURDAY	Breakfast comple Pancake	Seasonal fruit	1.Cream of potato soup farmer's cheese and herbal croutons 2.Spaghetti Carbonara 3. Fresh seasonal fruit	Seasonal fruit	1.Caprese 2.Barbecued sausages with mashed potato puree 3.Tiramisu